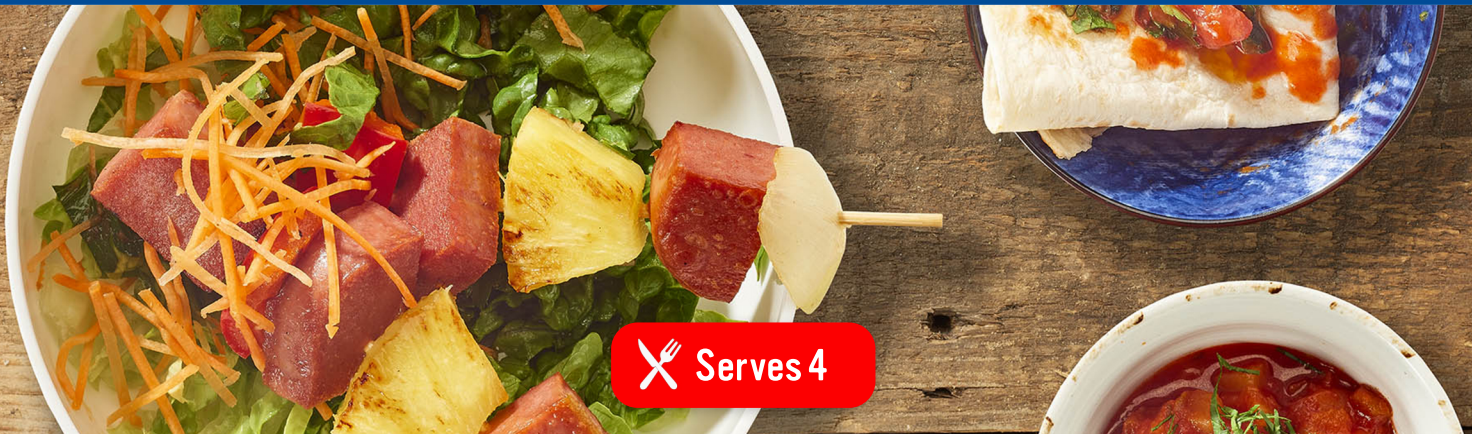




SKEWERS WITH PINEAPPLE AND CHICKEN LUNCHEON MEAT



INGREDIENTS

- 4 slices of Zwan's Chicken Luncheon meat, cut in pieces
- 8 skewers
- 2 slices of pineapple, cut in small pieces
- 1 onion, cut in small pieces
- 1 red bell pepper, cut in small pieces
- 1 Santa Maria Japeleño pepper, finely chopped
- 1 tomato, finely chopped
- 1 piece of garlic, smashed
- Salt, pepper, and a little sugar
- Lemon juice and grated lemon
- 2 tablespoons of olive oil
- 4 pieces of Leicester Bakery Naan Bread
- Salad leaves
- Olitalia Olive Oil to grill the skewers



METHOD

1. Tread the Luncheon meat, onion, pineapple and red bell pepper onto the skewers.
2. Grill the skewers or fry in a pan.
3. Make the sauce from the tomatoes, garlic, pepper, salt, peppers, lemon, sugar and olive oil.
4. Serve by adding salad onto plates and place 2 skewers on each plate.
5. Serve the sauce on the side together with some Naan Bread.