

CASHEW QUINOA SALAD



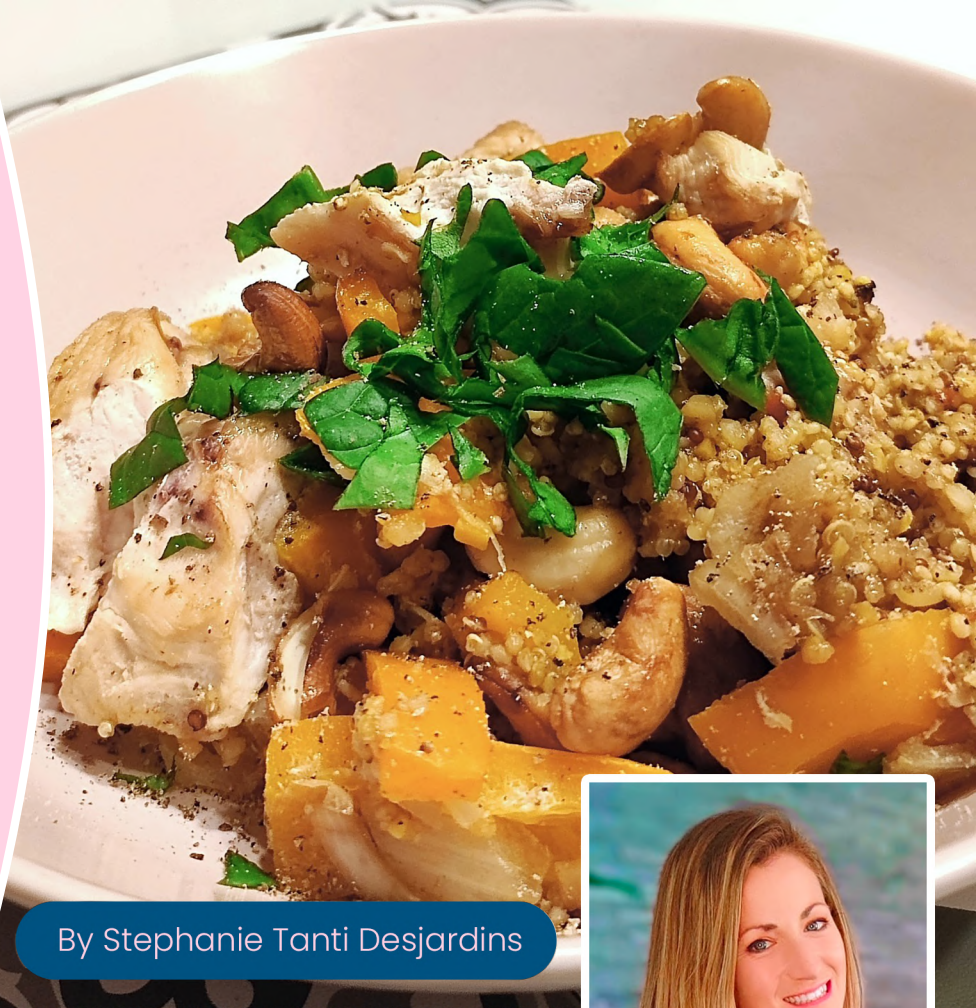
Serves: 4



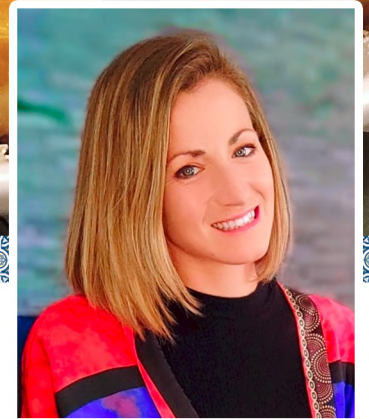
Prep time: 10 mins



Cooking time: 40 mins



By Stephanie Tanti Desjardins



Ingredients

FOR THE SALAD

- 1 cup Tipiak quinoa oriental style
- 450g chicken breast
- 2 peppers
- 1 medium size onion
- 2 garlic cloves
- 1 cup cashew nuts

FOR THE SAUCE

- 1 cup water
- 2 tbs. Tiger Tiger Soy sauce
- 1tsp. Ginger
- 1/4 cup Tiger Tiger hoisin sauce

Method

- 1 Pour 1 cup uncooked quinoa in a glass dish, top with the chopped veg and chicken, cashew nuts and pour over the sauce.
- 2 Bake for 40 mins in the oven.

