



Sausage Casserole

Ingredients

- 1 pack of Quorn Sausages
- 2 tbsp vegetable oil
- 1 onion
- 2 cloves garlic
- 1 cup mushrooms
- 1 pepper
- 1½ tbsp smoked paprika
- 2 cups Tomato Passata
- 150ml water
- 1 Knorr vegetable stock cube low salt
- 1 cup mixed beans



Method

1. Heat the oil in a large frying pan, add the onion for 4 minutes until soft.
2. Add the garlic, mushrooms and peppers and cook for a further 3 minutes.
3. Stir in the paprika and cook for 1 minute.
4. Stir in the Passata and vegetable stock.
5. Also stir in the beans and Quorn Sausage slices, simmer gently for 6 minutes.
6. Season to taste and garnish with chopped parsley.

